

Minnesota Intercollegiate Athletic Conference



2023-24 MIAC Indoor Track & Field Season Preview
Indoor Track & Field
Posted: 11/30/2023 1:00:00 PM

BLOOMINGTON, Minn. – The 2023-24 indoor track & field season is right around the corner for Minnesota Intercollegiate Athletic Conference (MIAC) student-athletes.

A handful of MIAC programs are set to get an early jump on the new season with December meets in Duluth, Mankato, Minneapolis, and Fargo before the season kicks into full gear in early January. The first [U.S. Track & Field and Cross Country Coaches Association \(USTFCCCA\) national and regional polls](#) of the season are scheduled to be released the week of January 22, 2024.

The [2024 MIAC Indoor Track & Field Championships](#) are set to be hosted February 22-24 at St. Olaf College in Northfield. The pentathlon and heptathlon competitions will kick off the meet on Thursday, February 22, followed by individual events and relays throughout the rest of that Friday and Saturday.

Following the MIAC Championships, Wartburg College is slated to host a Last Chance Qualifier in Waverly, Iowa on March 2 before the top competitors in NCAA Division III head to Virginia Beach, Va. for the 2024 NCAA Division III Indoor Track & Field Championships on March 8-9.

2023 CHAMPIONSHIP RESULTS

MIAC Men's Indoor Track & Field MIAC Women's Indoor Track & Field

Bethel (143.5)*	Bethel (144)*
Saint John's (141.5)	Carleton (140.5)
St. Olaf (131.5)	Gustavus (114)
Carleton (105)	St. Olaf (99.5)
Gustavus (71)	Saint Benedict (99)
Concordia (56.5)	Concordia (53)
Macalester (36)	Macalester (40)
St. Scholastica (35)	Hamline (27)
Hamline (27)	Augsburg (22)
Augsburg (24)	St. Scholastica (21)
Saint Mary's (9)	Saint Mary's (13)
	St. Catherine (6)

*MIAC Champion

RULE CHANGES

The NCAA Playing Rules Oversight Panel (PROP) [approved a slate of rule changes for track & field on December 1, 2022, effective for the 2023 and 2024 seasons](#). Included among the changes is the allowance for first-place ties in the vertical jumping events to better align with other field events.

MIAC SPORTS NETWORK

The [MIAC Sports Network](#) powered by Hudl launched in August and will be the streaming home of all MIAC-hosted games, events, and championships. The MIAC Sports Network is available on the web (<https://miacsportsnetwork.com/>) along with streaming apps for television and mobile devices, including Android TV, Apple TV, Amazon Fire, Roku (TV), iOS, Android (mobile), and Amazon Fire Tablet. The app can be found and installed free of charge by searching for the MIAC Sports Network.

MIAC APP

The MIAC has a [mobile app](#) in partnership with SIDEARM Sports. The app is free to fans and can be downloaded on both the [Apple App Store](#) and the [Google Play Store](#) for Android devices.

AWARD WATCH

All-Conference honorees for men's and women's indoor track & field will be determined at the 2024 MIAC Indoor Track & Field Championships. The top three individuals and relays in each event will be recognized as All-Conference, while finishers 4-6 in all events will receive honorable mention distinction.

In the week following the conference championships, MIAC track & field coaches will also vote for individual recipients of the Track Athlete, Field Athlete, Rookie, and Coach of the Year awards. To be eligible for Rookie of the Year honors, a student-athlete must be a true college first-year student (not a transfer from another institution or an academic sophomore/junior/senior who has not used eligibility).

Throughout the regular season, the MIAC will recognize top individual performances with the MIAC Indoor Track & Field Athlete of the Week awards. Track & Field Athlete of the Week awards will be issued throughout the academic year when at least three MIAC teams have competed in a given week and nominations for outstanding performances have been submitted.

LOOKING AHEAD

First Meet Date: Saturday, December 2, 2023

MIAC Championships: Thursday, February 22 - Saturday, February 24, 2024

MEN'S INDOOR TRACK & FIELD

Performance Lists: [MIAC](#) | [Division III](#)

Links: [Schedule](#) | [News](#) | [Athletes of the Week](#) | [Championships](#) | [Record Book](#) | [Archives](#)

WOMEN'S INDOOR TRACK & FIELD

Performance Lists: [MIAC](#) | [Division III](#)

Links: [Schedule](#) | [News](#) | [Athletes of the Week](#) | [Championships](#) | [Record Book](#) | [Archives](#)

[MIAC Track & Field Book](#)

Copyright ©2024 Minnesota Intercollegiate Athletic Conference